

CERTIFICATE OF PARTICIPATION

This is to certify that

Mike Keenan

Has successfully participated & completed the
8km Shift Wellness - Trail Run, The Shift Series
held at Walter Sisulu Garden.

TIME 01:19:24

PACE 09:54/km
OVERALL 55 of 166

GENDER 38 of 78
40 - 49 11 of 21

23 June 2019, Sun

Date



BoutTime

Signature

